

[A complete set of instructions and forms can be found on line at this SD High School Activities Assn. web site for physical exams.](#)

Required forms are listed below.

Physical Form #3, #4 and #5- These forms are required of all participants regardless of the necessity of a doctor's physical.

Physical Form #2-Use this form if you do not need a doctors physical but have parent or guardian fill out.

Physical Form 1B and 1C -Use this form if a physical is needed this year.